

	State of Indiana Indiana Department of Correction Division of Youth Services	Effective Date 4/1/2022	Page 1 of 2	Number 2.28Y
HEALTH CARE SERVICES DIRECTIVE-YOUTH SERVICES Manual of Policies and Procedures				

Title HEALTH EDUCATION AND PROMOTION
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Legal References (includes but is not limited to) IC 11-8-2-5	Related Policies/Procedures (includes but is not limited to) 01-02-101	Other References (includes but is not limited to) National Correctional Healthcare Standards
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I. PURPOSE:

This Health Care Services Directive (HCSD) describes requirements to provide health education and promotion to youth.

II. GUIDELINES:

A. Health education on self-care strategies and promoting a healthy lifestyle shall be made available to all youth by using the following:

1. printed materials;
2. audio and video tapes;
3. instructional classes; and,
4. one-on-one settings.

B. The following are examples of educational and health promotional activities:

1. At Intake: Education regarding oral hygiene, HIV disease, and Hepatitis B infection;
2. At Intake for identified sex offenders, a psychoeducation class emphasizing victim awareness;
3. At all facilities general information regarding:
 - a. Acne;
 - b. Athlete's foot;
 - c. Bruises;
 - d. Common cold;
 - e. Constipation;
 - f. Cuts and scrapes;
 - g. Diarrhea;
 - h. Headaches;
 - i. Indigestion;

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- j. Self-exam of breasts;
- k. Jock itch;
- l. Sore throat/follow-up;
- m. Sports injuries;
- n. Dental hygiene;
- o. Personal hygiene;
- p. Substance use;
- q. Venereal disease;
- r. Self-exam of testes;
- s. Nutrition;
- t. Physical fitness;
- u. Mental Health;
- v. Suicide prevention;
- w. Substance use/Addiction Recovery;
- x. Sexually transmitted infections (STI); and,
- y. Stress management.

4. For those with chronic diseases, education regarding their diagnosed condition and risk factors:

- a. Specific education regarding Hepatitis B and vaccination;
- b. For those provided with medication, instruction regarding the medication usage; and,
- c. For those near release from incarceration, instruction on obtaining health care services in the community and family planning options.

- C. Intake locations shall provide youth with instruction in personal hygiene and certain infectious diseases.

III. APPLICABILITY:

This HCSD is applicable to all facilities providing Health Services to youth.

signature on file

Kristen Dauss, MD
Chief Medical Officer

Date